

## Fresh Foods And Water For Guinea Pigs

**Guinea pigs need fresh foods and water in their daily diet.**

*By Audrey Pavia*

### Fresh Foods

Fresh vegetables are another important part of your guinea pigs' daily diet. The best vegetables for guinea pigs include:

Romaine lettuce  
Dandelions  
Carrot tops  
Basil  
Sage  
Arugula  
Collard greens  
Mustard greens  
Parsley

Offer only fresh greens to guinea pigs, and wash them thoroughly before feeding them to your small pets. Organically grown vegetables grown locally are the best types of greens to feed to guinea pigs.

### Water

Guinea pigs need fresh water available at all times in order to stay healthy. Wash out your guinea pigs' water bottle every day and fill it with fresh water. Make certain water is always available, especially on hot days.